

Counseling Resources

Mental Health Emergency (e.g., suicidal threats, cutting behavior, violent behavior):

- *Newton Mental Health 973-383-1533*
 - Emergency screenings
 - Outpatient treatment
 - *Do not* do inpatient treatment for children
- *St. Clare's Boonton 973-316-1800*
 - Emergency screenings
 - Inpatient treatment (Children's crisis intervention services AKA "CCIS")
 - Intensive outpatient treatment

Behavioral Emergency (e.g., escalating family conflict, verbal abuse, extreme defiance):

- *Mobile response unit—in-home 877-652-7624*
 - Crisis intervention dispatched to your home within 1 hour, 24/7
 - Can result in ongoing services at the end of the crisis intervention

Long term counseling services:

- *Perform Care—over the phone screening service 877-652-7624* (County-funded ongoing/long-term services free of charge to Sussex County residents)
 - Short-term individual counseling (6-8 weeks)
 - Long term in-home family counseling (6mos-1 year)
 - Behaviorists
 - Mentors
- *Behavioral Healthcare—Newton 973-940-0116* (private counseling practice; accepts all insurances including Medicaid)
 - Individual counseling for children, adults, & families
 - Psychotropic medication prescriptions and monitoring
- *Ginnies House 973-579-0770*
 - Specialize in sexual abuse and severe trauma
 - Part of investigative team for suspected sexual/physical abuse of children
 - Individual counseling for children who are victims of trauma and sexual abuse

Substance abuse treatment:

- *Center for Prevention and Counseling (CFPC)—Newton 973-383-4787*
 - Individual counseling
 - Group counseling
- *Treatment Dynamics—Newton 973-383-7306*
 - Substance abuse evaluations
 - Individual Counseling
 - Intensive outpatient treatment
 - Group Counseling